

WeightWatchers.com: Plan Manager - Windows Internet Explorer
 http://www.weightwatchers.com/plan/mgr/PlanManager.aspx?deepLink=deepLinkToWeightTracker

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weightwatchers ? Help Settings Save

Today: 4/17 **PointsPlus** values: Daily Used: 0 Daily Remaining: 29 Weekly Remaining: 49 Activity Earned: 0 Activity Remaining: 0 Tracking [Edit](#)

PointsPlus Tracker Weight Tracker Progress Reports Find & Explore Recipe Builder

Food **PointsPlus** values Fat (g) Carbohydrates... Fiber (g) Protein (g) Calculate [PointsPlus value not what you expected?](#)

Chart View Table View Total weight change: -14.4 lbs Current weight: 180 lbs

Weight + / - Measurements Jun 30 12 - Apr 13 13 4 wks 12 wks 24 wks 12 mos All 10% Target Goal weight

196
189
182
175
168
161

10% Target - 175.4 lbs
Goal Weight - 165 lbs [Edit](#)

Week of: 6/30/12 8/4/12 9/8/12 10/13/12 11/17/12 12/22/12 1/26/13 3/2/13 4/6/13

Leslie's statistics for Jun 30, 2012 - Apr 13, 2013

Weight Change [Edit](#)

Average weekly	0.4 lbs
Total	-14.4 lbs
PointsPlus values usage	Average
Some info is not available for this time period	
Activity PointsPlus earned	17.5

Measurements [Edit](#)

You are currently not tracking any measurements.
[Start tracking measurements](#)

javascript:void(null); OpenMobileSameWindow(); 110% 7:39 PM 4/17/2013